

OBC 25M 2025: Session: 5: COACH evaluation sheet for TEAM: DBT

Coachinfo: Warming up from: 07:30 untill 08:45.

Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Smet Kathleen HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 30: 100M BUTTERFLY WOMEN					Heat:4, starttime: 09:05
Heat: 4/5 Lane : 6 Athlete: VERTESEN FRAN					Q-time: 01:04:50
PB (25m pool): 1:04.50 Beringen (BEL) 16 Mar 2025					PB (50m pool): 1:06.13 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		29.84		1:04.50	
		29.84		34.66	
					

Coach feedback:

Event number: 30: 100M BUTTERFLY WOMEN					Heat:5, starttime: 09:05
Heat: 5/5 Lane : 7 Athlete: VANDEVENNE LIAH					Q-time: 01:05:06
PB (25m pool): 1:05.06 Hasselt 12 Oct 2025					PB (50m pool): 1:05.44 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		30.76		1:05.06	
		30.76		34.30	
					

Coach feedback:

Event number: 31: 100M BACKSTROKE MEN					Heat:3, starttime: 09:10
Heat: 3/7 Lane : 8 Athlete: BAELEN SIEBE					Q-time: 01:01:70
PB (25m pool): 1:01.70 Hasselt 12 Oct 2025					PB (50m pool): 1:04.41 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		29.75		1:01.70	
		29.75		31.95	
					

Coach feedback:

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Event number: 32: 50M BREASTSTROKE WOMEN							Heat:4, starttime: 09:25	
Heat: 4/5 Lane : 4 Athlete: VERSTREPEN SIEL							Q-time: 00:31:27	
PB (25m pool): 31.27 Hasselt 3 May 2025							PB (50m pool): 32.20 SB:	
	2 5 M		5 0 M					
PB			31.27					
	31.27							
								

Coach feedback:

Event number: 33: 200M FREESTYLE MEN							Heat:2, starttime: 09:30	
Heat: 2/5 Lane : 2 Athlete: KOPRIVA ILIO							Q-time: 01:56:30	
PB (25m pool): 1:56.30 Hasselt 19 Oct 2024							PB (50m pool): 2:23.28 SB:	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		27.07		56.24		1:26.58		1:56.30
	27.07		29.17		30.34		29.72	
								

Coach feedback:

Event number: 34: 200M BACKSTROKE WOMEN							Heat:3, starttime: 09:45	
Heat: 3/4 Lane : 1 Athlete: VANDEVENNE LIAH							Q-time: 02:23:60	
PB (25m pool): 2:23.60 Diksmuide 17 Nov 2024							PB (50m pool): 2:26.81 SB:	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		32.64		1:08.74		1:46.49		2:23.60
	32.64		36.10		37.75		37.11	
								

Coach feedback:

Event number: 34: 200M BACKSTROKE WOMEN							Heat:4, starttime: 09:45	
Heat: 4/4 Lane : 7 Athlete: MELOTTE PIA							Q-time: 02:22:65	
PB (25m pool): 2:29.72 Diksmuide 17 Nov 2024							PB (50m pool): 2:22.65 SB:	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		34.89		1:13.12		1:51.73		2:29.72
	34.89		38.23		38.61		37.99	
								

Coach feedback:

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Event number: 36: 200M MEDLEY WOMEN							Heat:1, starttime: 09:55	
Heat: 1/3 Lane : 5 Athlete: BROUWERS CHARLOTTE							Q-time: 02:22:12	
PB (25m pool): 2:22.12 Hasselt 11 Oct 2025				PB (50m pool): 2:23.61 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		31.11		1:09.16		1:48.90		2:22.12
	31.11		38.05		39.74		33.22	
								

Coach feedback:

Event number: 36: 200M MEDLEY WOMEN							Heat:1, starttime: 09:55	
Heat: 1/3 Lane : 7 Athlete: VERTESSEN FRAN							Q-time: 02:26:01	
PB (25m pool): 2:26.01 Hasselt (BEL) 24 Nov 2024				PB (50m pool): 2:26.39 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		31.60		1:11.00		1:52.27		2:26.01
	31.60		39.40		41.27		33.74	
								

Coach feedback:

Event number: 37: 200M BREASTSTROKE MEN							Heat:5, starttime: 10:20	
Heat: 5/5 Lane : 1 Athlete: JORISSEN RUBE							Q-time: 02:24:88	
PB (25m pool): 2:24.88 Gent 11 Nov 2024				PB (50m pool): 2:32.03 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		32.70		1:09.39		1:47.31		2:24.88
	32.70		36.69		37.92		37.57	
								

Coach feedback:

Event number: 38: 100M FREESTYLE WOMEN							Heat:4, starttime: 10:25	
Heat: 4/8 Lane : 4 Athlete: VANDEVENNE LIAH							Q-time: 00:58:81	
PB (25m pool): 58.81 Hasselt 3 May 2025				PB (50m pool): 59.47 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		28.46		58.81				
	28.46		30.35					
								

Coach feedback:

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Event number: 38: 100M FREESTYLE WOMEN					Heat:4, starttime: 10:25
Heat: 4/8 Lane : 8 Athlete: FREDERIX MAYA					Q-time: 00:59:42
PB (25m pool): 59.42 Hasselt 3 May 2025					PB (50m pool): 1:01.27 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		29.08		59.42	
	29.08		30.34		
					

Coach feedback:

Event number: 39: 100M MEDLEY MEN					Heat:3, starttime: 10:35
Heat: 3/9 Lane : 4 Athlete: JORISSEN RUBE					Q-time: 01:01:46
PB (25m pool): 1:01.46 Gent 11 Nov 2024					PB (50m pool): No time SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		29.18		1:01.46	
	29.18		32.28		
					

Coach feedback: